

Promoting Sport and Physical Activity in Nature - Girls and Boys

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Objectives of the project

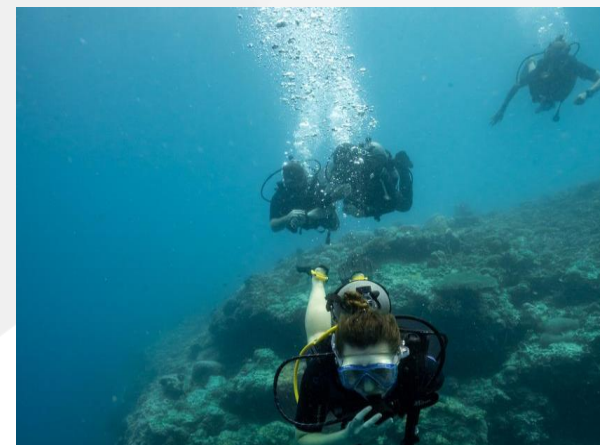
Aim: "To create an inclusive outdoor sports culture that empowers all university students to become active participants and future leaders in nature-based activities"

- I. To develop and implement a university-led program that encourages equal participation of girls and boys in nature-based physical activities We aim to engage 100 students in its first semester through regular outdoor events and training sessions.
- II. To create a sustainable mentorship framework by connecting university students with accomplished outdoor sports leaders through video presentations, personal meetings, and ongoing guidance

LET'S
EXPLORE
TOGETHER









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Leading with Heart

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