



# **Name of the project**

## **“Gender is not an obstacle, gender is power”**

### ***Names of the mentees***

*Geraldina Priftaj, Ina Tomorri, Klara Leti, Erika Hasa, Israjla Kerkuti, Anja Mehmetas, Ani Brihmani, Vasjana Lici, Kris Thimo, Kevin Kastrati, Silvja Qirja, Arlind Kala, Eliza Ndoj, Ardenisa Murati, Vasjana Lici*

### ***Name of the mentor***

**KLOTILDA JAUPI**

**Presentation in the mandatory online workshop on 15 february 2025**

We'd like to began with a video presentation on what we have done to improve gender equality in sports in our school and to involve actors such parents to achieve our goals and make school a place where all have the same vision.



# Background of the project



- In this project we aim to create teams of students, teachers and women parents from the community to participate in championships of volleyball of basketball.

- The project is important because it aims to foster massive participation of girls and women in sports;
- Involvement of the community of female teachers and mothers in sports to increase the partnership and involves parents in the school life and community;
- To increase knowledge on gender equality in sport societies.



# The importance of the project for our school community



## The main goal of the project is, that it aims to:

- ✓ Eliminate barriers about gender equality in sports "Sport is not a taboo";
- ✓ Empowering girls and women through physical activity;
- ✓ Networking - Role of parents - Involvement of parents of both sexes in sports activities to be present in the school life and support in the learning-educational process and to support teachers during their work and to help involve more students (both boys and girls) in "Gender equality in sports" as well as the motivation of girls to do more sports;
- ✓ To raise our awareness of the specific challenges faced by women and girls, both in sports and in society;
- ✓ We improve the understanding of why the empowerment of girls and women is important and useful for a better society;
- ✓ Improve our understanding of exactly how sport can be used to empower girls and boys;



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# Objectives of the project

- Raise awareness among girls, women teachers and women parents on gender equality and encourage them to overcome prejudices and stereotypes about gender.
- Strengthen the bonds between students, teachers and parents by offering them more opportunities to socialize with each other by being engaged in sports.
- Create a network of students, teachers and parents so that they may organize other joint activities in the future;

## What are the expected results?

- Women and girls participating in the project to be fully aware of gender issues and being determined to empower themselves through sports.
- A network of students, teachers and parents who exchange ideas and organize events to empower themselves through sports.



# Actions in the project



- ***The first action:*** set up a database of participants, make a needs assessment by conducting online polls and questionnaires;
- ***Second.*** Carry out awareness sessions with girls, teachers, alumni and parents;
- ***Third.*** Schedule the championship and organize matches;
- ***What we have done?***
  - We organized 4 sports matches in the disciplines of volleyball and basketball, coordinating with parents, teachers and students of both genders during the period 10 january to 13 february 2025;



# Resources in the project



*Explain who will be involved in implementing this project?*

- Students, teachers, parents, former notable alumni of the school and school directorate.

*What kinds of spaces/ supplies/ platforms/ funding, or other resources are needed?*

- We need to use school gym halls to organize matches, public recreative spaces
- Funds to organize awareness workshops; funds to prepare banners and advertise the project in the media
- Funds to provide necessary facilities for the organization of the matches.

# Write your preliminary ideas here



As a community center school we aim at fostering partnership between the community of students, teachers, parents and the community as a whole. Making up teams of students, teachers and parents will facilitate their being socialized with each other and creating stronger bonds with each other. Women parents and teachers get very busy coping with maternity and parent burden on a daily basis, therefore they limit themselves and do not engage in sports. They need to be aware that being a woman parent should not deprive them of the right to engage themselves in sports and boost their health. Gender should not be an obstacle for women to empower themselves through sports.

We recommend you to meet the mentor at least four times. Add here the dates of the meetings with your mentor (this can be done online on 7 Dec 2024).

1. 10.01.2025
2. 24.01.2025
3. 06.02.2025
4. 13.02.2025





# Overview of the project



- Students, teachers, parents and notable alumni of Qemal Stafa will be informed and aware on gender issues and empower women through sports. We will carry out needs assesment on gender issues and train the participants. The participants will team up to take part in matches of a championship between classes of the school. A network of students, teachers, parents and alumni will be build up to enable participants to achieve social and personal development activities.











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THANK YOU FOR YOUR ATTENTION AND FOR THIS FANTASTIC  
OPPORTUNITY!

“TOGETHER IN SPORTS, TOGETHER FOR A BETTER SOCIETY”

WITH LOVE FROM STUDENTS, TEACHERS AND PARENTS OF  
“QEMAL STAFÄ” HIGH SCHOOL TIRANA, ALBANIA