

Rising female Throwers



Planned objectives of the project:

- ***This project aims to bring visibility to women who practice roughs ports that are typically done mostly by men .***
- ***Expose young girls to sports that require strength or power and inspire them to engage in such disciplines.***
- ***Link engaging in women's sports with great academic and career opportunities.***

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Achieved results of the project:

- We were able to realise a short video about the journey of one of our students who is also an athlete, a javelin and shot put thrower.
- We organised some practical sessions in throwing events with both girls and boys attending.



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Thank you
for
Your
attention !



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