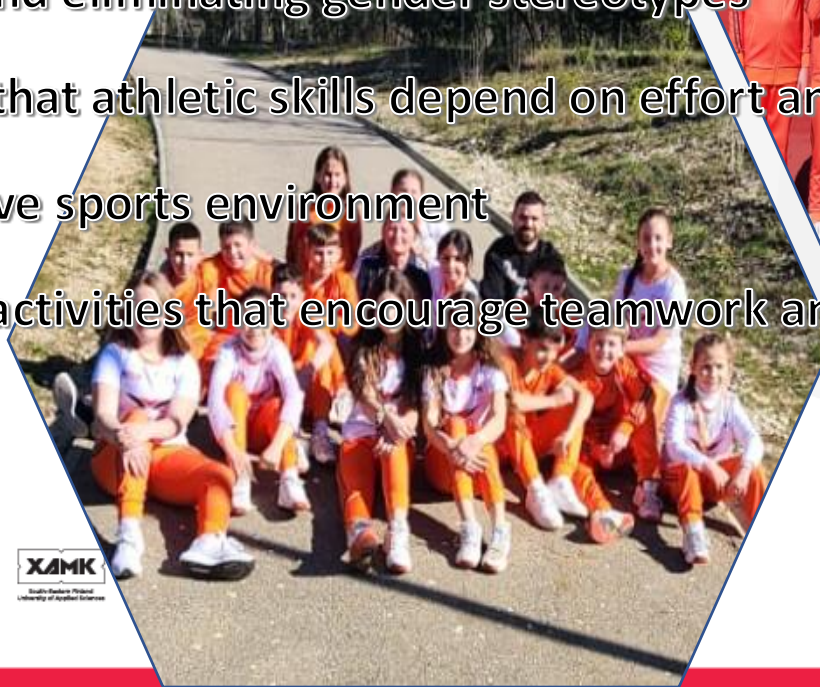


# PROJECT



## ❖ Gender equality in sports through movement games

- Planned objectives of the project:
  1. Promoting gender equality in sports
  - Ensuring that both girls and boys have equal opportunities to participate in sports activities.
  - 2. Raising awareness and eliminating gender stereotypes
  - Teaching participants that athletic skills depend on effort and practice, not gender.
  3. Developing an inclusive sports environment
  - Designing games and activities that encourage teamwork and cooperation between boys and girls.



- Names of mentees: Bukurije Hidri  
Sardi Mecollari

Arla Gjoni , Armela Sejferi, Induela Prendi, Dorotea Guri, Stiven Hysa, Akli Dyrnishi, Katalea Hoxha, Isli Tosku, Era Hysa

- Name of the mentor: Prof. Asoc. Dr. Rigerta Selenica

# • Achieved results of the project:



1. More balanced participation in sports;

• A culture has been fostered where everyone feels welcomed and motivated;

2. Changing mindsets and reducing stereotypes;

• Participants and the community have become more aware of the importance of gender equality in sports;

3. Improved teamwork and mutual respect among players;

• Movement games have helped build an environment where boys and girls work together without feelings of inferiority or superiority.



